



CENTRE TRANSALPIN DE MÉDECINE ET CHIRURGIE DU SPORT PÉDIATRIQUE

TRANSALPINE CENTER OF PEDIATRIC SPORTS MEDICINE AND SURGERY



OCTOBER 11

from 8:30
to 15:30

**RÉUNION
INAUGURALE**



Pour plus d'informations :

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PROGRAMME/PROGRAM

Specific expertise and experience in pediatric sports medicine allows specialists to appropriately treat the unique sports-related lesions of children and teens. We believe that specialized sports medicine surgeons, trained in pediatric arthroscopic surgery with an expertise in sports physical therapy and rehabilitation are essential to a proper treatment. Moreover, tutoring training for students, residents and community education for parents, coaches and athletic trainers is essential. For these reasons we created an International Pediatric Sports Medicine Center between the University of Milano-Bicocca and the Grenoble Alps University Hospital. This is a great opportunity to build an interdisciplinary team including pediatric orthopedic surgeons, pediatrics, rehabilitation experts, physical therapists, and athletic trainers to provide together extraordinary care for growing patients. The aim of this first meeting is to share clinical and research experiences highlighting the importance of international collaboration in order to give the best treatment to our patients.

**Professor Aurelien Courvoisier,
Dr. Marco Turati,
Professor Marco Bigoni**

- 8:30 **Registration**
- 9:00 **Welcome**
- 9:15 Why a specific centre of Pediatric Sport Medicine and Surgery? (*A. Courvoisier*)
- 9:30 MRI evaluation of Pediatric Meniscal tears (*F. Schir*)
- 9:45 Discoid Meniscus : incidence, classification system and surgical technique (*M. Turati*)
- 10:00 **Discussion**
- 10:15 MRI evaluation of Pediatric ACL tears (*R. Barthélémy*)
- 10:30 Pediatric ACL tear and associated lesions (*M. Catalano – M. Turati ITA*)
- 10:45 Arthroscopic anterior cruciate ligament repair for proximal anterior cruciate ligament tears (*M. Bigoni – N. Zanchi ITA*)
- 11:00 Characterization of synovial fluid cytokine profiles in Adolescent Patients after Anterior Cruciate Ligament Tear (*N. Zanchi – M. Piatti ITA*)
- 11:15 **Discussion**
- 11:45 Non-surgical treatment of chronic knee pain in adolescents and rehabilitation protocol (*E. Gailledrat*)
- 12:00 MPFL reconstruction in pediatric patients (*N. Bremond – E. Bourgeois*)
- 12:15 **Discussion**
- LUNCH
- 14:00 Shoulder Instability in pediatric and adolescent population (*J.Barth*)
- 14:15 Nutrition strategies for the young athlete (*G. Astrua - ITA*)
- 14:30 The role of a specific “return to sport” program after chronic diseases (*S. Biniek*)
- 14:45 **Discussion**
- 15:30 **Conclusion**

