



CENTRE TRANSALPIN DE MÉDECINE ET CHIRURGIE DU SPORT PÉDIATRIQUE

TRANSALPINE CENTER OF PEDIATRIC SPORTS MEDICINE AND SURGERY





DECEMBRE 1

from **9:00** to **16:00**

4° SÉMINAIRE4RD CONFERENCE





Amphithéâtre Inférieur Sud Faculté de Médecine et Pharmacie 38700 La Tronche (France)

Pour plus d'informations : Pr Aurélien Courvoisier

ACourvoisier@chu-grenoble.fr





The Transalpine Center of Pediatric Sports Medicine and Surgery was created in 2019 to progress in this constantly updating surgical perspective. It is an International Pediatric Sports Medicine Center between the University of Milano- Bicocca and the Grenoble Alps University Hospital, that showed great potential and a great opportunity to build an interdisciplinary team including pediatric orthopedic surgeons, pediatrics, rehabilitation experts, physical therapists and athletic trainers, providing together extraordinary care for growing patients.

To allow specialists to appropriately treat sports-related lesions of children and teens, specific expertise and experience in pediatric sports medicine is required and constant evidence-based updates are mandatory. We believe that specialized sports medicine surgeons, trained in pediatric arthroscopic surgery with an expertise in sports physical therapy and rehabil itation are essential to a proper treatment. Moreover, tutoring training for students, residents and community education for parents, coaches and athletic trainers is essential.

The aim of this 4RD conference is to exchange professional scientific and clinical experiences around pediatric and adolescent sports related injuries, in order to update, improve and ameliorate our knowledge, to give the best treatment to our patients.

The conference comprises broadly speakers to have a wide range of exposure, considering various aspects of rehabilitation, prevention, treatment, technical advances and research in the multi-disciplinary field of sports medicine for children and adolescents.

PROGRAMME / PROGRAM

9:00 Registration

9:30 Welcome

- 9:40 MRI evaluation of patellar instability and MPFL lesions? Evidence and tricks and tips (F. Schir)
- 9:50 Anterior knee pain and Habitual/recurrent patella dislocation in skeletally immature patients (M. Crippa)
- **10:00** MPFL reconstruction in skeletally immature patients : technique and outcomes (F. Accadbled)
- 10:10 Multicentric study about pediatric MPFL reconstruction: what's news? (N. Bremond, R. Prima, E. Sole Cruz, F. Accadbled, A. Eid, M. Turati)
- 10:20 EILO: Who is this noisy kid (M. Coudurier)

10:40 Discussion

- 10:50 ACL reconstruction in pediatric patients : how and when ? (M. Bigoni)
- 11:00 Antero-lateral ligament reconstruction in children and adolescent (B. Orfeuvre)
- 11:10 Extraphyseal ACL reconstruction with Ileotibial bend: technique and evidences (M. Turati)
- 11: 20 Is there a role of BTB in Adolescents with ACL tears?

 (L. Rigamonti)
- 11: 30 Multicentric study about Tibial Spine fractures: what's news? (A. Courvoisier, N. Bremond, M. Turati, F. Accadbled, J. Sinikumpu)
- 11:40 Sports Injury prevention programs in Pediatric and Adolescent patients (A. Mosca)

11:50 DISCUSSION

LUNCH

- 14:00 Imaging in shoulder instability in skeletally immature patients (R. Wazizi)
- 14:10 Management of shoulder instability in pediatric and adolescent patients (J. Barth)
- 14:20 Pre-habilitation and idiopathic scoliosis (C. Rumin, A. Courvoisier)
- 14:30 Pectus Excavatum and Exercise Tolerance

14:40 Discussion

- 14:45 Management of Meniscal tears in Children (N. Bremond)
- 14:55 Rehabilitation programs in pediatric injuries (M. Crippa, L. Rigamonti)
- 15:00 Gait patterns and jump in pediatric patient with discoid meniscus (D. Ollivier, Y. Chetoui, A. Mosca)
- 15:10 Open quadriceps tears in skeletally immature patients: preliminary results (A. Mosca, N. Bremond, E. Bourgeois, G. Leone, M. Turati)

15:20 DISCUSSION

15:35 Transalpine Center of Pediatric Sports Medicine and Surgery: perspective and conclusion (A. Courvoisier)